

Lufkin Plastic Surgery
POST-OP INSTRUCTIONS
BREAST AUGMENTATION

Patient may shower. Do not soak in bath tub.

Medications: Take all prescribed medications as instructed. Only take pain medication if needed and as directed.

Call for increasing pain, redness, and or swelling. These are **possible** signs of infection. Office 637-1145 or after hours please call Memorial Medical Center at 634-8111 and ask them to please page Dr. Strinden, even if they say he is not on call.

Please call office for nausea and or vomiting, this can be eliminated with medication. This may be caused by the antibiotic and or the pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Return to clinic as scheduled or sooner if needed.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you.

Sometimes the implants may ride too high due to muscle spasm. Do not be alarmed, as this is to be expected. It may take four to six weeks for the implants to come down to a normal position.
BE PATIENT!