

Lufkin Plastic Surgery  
**POST-OP INSTRUCTIONS:**  
**BROW LIFT**

Keep your head elevated at all times for 5 days.

Sleep in a reclining chair if possible with the head up.

You may shower and shampoo the day following surgery.

Apply bacitracin ointment to the incision lines for five days, then stop. Apply it once a day, or more often if it comes off.

Take medications as prescribed.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Take a laxative if necessary. Pain pills can cause constipation, and you should not strain, or it can cause bleeding at the forehead.

Call for increasing pain, redness, and or swelling. These are possible signs of infection. Office 637-1145, which will transfer to Memorial Medical Center after hours, ask them to please page Dr. Strinden, even if they say he is not on call.

Please call office for nausea and or vomiting, this can be eliminated with medication.

This may be caused by the antibiotic or pain medication.

Return to clinic as scheduled or sooner if needed.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you.

**BE PATIENT !**