

Lufkin Plastic Surgery
POST-OP INSTRUCTIONS
FACELIFT

Medications: Take all prescribed medications as instructed. Only take pain medication if needed and as directed.

Keep head elevated for five days. Sleep in a recliner chair or with head elevated.

Please call office for any nausea and or vomiting. This may be eliminated with medication. This may be caused by the antibiotic and or the pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Return to office on Saturday at specified time given. Call 634-8111 and have Dr. Strinden paged at 8:00 A.M.

Call for excessive pain, redness, and or swelling. These could be **possible** signs of infection. Office 637-1145 after hours please call Memorial Medical Center at 634-8111 and have the operator page Dr. Strinden even if they say he is not on call.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you. Each patient is different when it comes to recovery.

BE PATIENT!