

Lufkin Plastic Surgery

POST-OP INSTRUCTIONS: GYNECOMASTIA CORRECTION

Do not shower or bathe. Sponge baths only.

Empty drains every 8 hours as instructed.

Take the antibiotic as prescribed.

If there is an area of intense pain or burning beneath the ace wrap, remove the wrap, remove all pressure on the skin, replace it more comfortably.

You may eat anything you desire but do not take aspirin, advil, or other medications which may cause bleeding.

Call me for any problems: Office 637-1145 after hours please call Memorial Medical Center at 634-8111 and have the operator page Dr. Strinden even if they say he is not on call.

Please call for fever greater than 101.5, increasing pain, increasing redness and swelling. This could be **possible** signs of infection.

Call for uncontrolled nausea and/or vomiting. This may be eliminated with medication. Nausea may be due to anesthetic, antibiotic and or the pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you. Each patient is different when it comes to recovery.

Return to the office _____ at _____.

BE PATIENT