

Lufkin Plastic Surgery

**POST-OP INSTRUCTIONS**  
**LIPOSUCTION**

Patient may shower. Do not soak in bath tub.

Medications: Take all prescribed medications as instructed. Only take pain medication if needed and as directed.

Call for increasing pain, redness, and or swelling. These are possible signs of infection. Office 637-1145 or after hours please call Memorial Medical Center at 634-8111 and ask them to please page Dr. Strinden, even if they say he is not on call.

Please call office for nausea and or vomiting, this can be eliminated with medication. This may be caused by the antibiotic and or the pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Return to clinic as scheduled or sooner if needed.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you.

Wear compression garment at all times. You may only come out of garment for shower, and then immediately put it back on. Compression is very important.