

Lufkin Plastic Surgery

**POST-OP INSTRUCTIONS:  
MASTOPEXY-REDUCTION**

Patient may shower. Do not soak in a bath tub.

**MEDICATIONS:** Take all prescribed medications as instructed. Take pain medication only as prescribed.

Call for increasing pain redness or swelling, or for increasing black and blue nipple. These are signs of possible infection. Call 936-637-1145 or after hours call Memorial Medical Center at 936-634-8111 and ask them to please page Dr. Strinden, even if he is not on call.

If there is uncontrolled nausea or vomiting please call, since this can be eliminated with medication. Nausea may be due to the anesthetic, or due to the antibiotic or pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Return to the office as scheduled or sooner if needed.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is of concern to you.