

Lufkin Plastic Surgery

POST-OP INSTRUCTIONS: OTOPLASTY

You may shower.

Apply Bacitracin ointment (over the counter) to the suture lines using a cotton-tipped applicator 2 or 3 times a day. You may place a sterile gauze 4x4 sponge behind each ear if there is drainage. Keep the spandage dressing or a gentle head band on them, remove to shower.

You may eat anything you desire but do not take aspirin, advil, or other medications which may cause bleeding.

There may be slight swelling behind the ears but there should NOT be a walnut-sized collection behind them.

Call me immediately for extreme swelling, redness, pain, temperature greater than 100.5 degrees, or purulent drainage. This could be **possible** signs of infection. Clear yellow fluid or bloody water is to be expected in small amounts.

Office 637-1145 after hours please call Memorial Medical Center at 634-8111 and have the operator page Dr. Strinden even if they say he is not on call.

Please call office for any nausea and or vomiting. This may be eliminated with medication. This may be caused by the antibiotic and or the pain medication.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you. Each patient is different when it comes to recovery.

BE PATIENT